


GENERAL OFFICE MEMORANDUM 20-140

TO: ALL DEPUTY DISTRICT ATTORNEYS

FROM:  JOSEPH P. ESPOSITO
Chief Deputy District Attorney

SUBJECT: ON-LINE TRAINING OPPORTUNITY (PARTICIPATORY MCLE CREDIT)

DATE: OCTOBER 15, 2020

The Training Division is pleased to announce an on-line training collaboration between the Office and the Orange County District Attorney's Office (OCDA) on **November 12, 2020** (1:30 p.m. – 4:30 p.m.). The topics for the training will include mental health/wellness issues for law enforcement professionals and personal safety/self-defense awareness techniques. Additional information on the topics and speakers is provided in the attachments.

This presentation qualifies for a total of 3 hours of Participatory - Minimum Continuing Legal Education (MCLE) Credit (1.5 hours - Competency and 1.5 hours – General). As a reminder, State Bar MCLE reporting for Group 2 (Attorneys with last names beginning with H-M) is due by Feb. 1, 2021. At least half of the 25 MCLE hours must be in the form of participatory credit.

OCDA will be hosting the live presentation via Zoom. Pre-registration is required and instructions on how to do so are provided in the attached flyer. Per the Systems Division, County computers can be utilized to connect to a Zoom video conference, via the web browser. Please do not download the Zoom application/program onto County devices.

A limited number of in-person seating is available at the OCDA main office, located at 401 Civic Center Drive W., Santa Ana, CA 92701. Whether attending in-person or on-line, deputies shall obtain prior approval from their supervisor. For those wishing to attend in-person, please also complete a Request for Approval of Travel/Training form via Lotus Notes. The materials will be available if you attend live or will be available to download on LADAnet the day before the training.

Finally, OCDA, as the agency hosting the training, will be issuing its own MCLE Certificate of Attendance.

For any questions, please contact the Training Division at (213) 974-6757.

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Attachments



ORANGE COUNTY DISTRICT ATTORNEY'S OFFICE &
LOS ANGELES COUNTY DISTRICT ATTORNEY'S OFFICE

Training Announcement



The Orange County & Los Angeles County District Attorney's Offices are proud to collaborate and offer the following training opportunity:

Resiliency 2020 – Coping and Wellness for Law Enforcement Professionals & Personal Safety Training

Thursday, November 12, 2020
1:30 p.m. – 4:30 p.m.

Both Webinar and In-Person Options

(In-Person Seating Limited – RSVP Required)
(To Attend via Webinar – Registration Required)

Presentations by Embassy Consulting Services:

Heather Williams, PsyD
&
July Castro



401 Civic Center Drive, West
Santa Ana, CA

1st Floor Library / Assembly Room

Questions: contact Training@da.ocgov.com

This activity has been approved for MCLE credit by the State Bar of California for up to:

1.5 hours of Participatory MCLE Competency Credit

&

1.5 hours of Participatory MCLE General Credit

This training is designed for:

Prosecutors, Paralegals,
Investigators,
Investigative Assistants

To attend live, RSVP at Training@da.ocgov.com

To register for the Zoom webinar, click [here](#)

The Orange County District Attorney's Office certifies that this activity conforms to the standards for approved education activities prescribed by the rules and regulations of the State Bar of California governing minimum continuing legal education. MCLE provider #2833.

SPEAKERS

Heather Williams, PsyD

Heather Williams was the Program Director with CSP Victim Assistance Programs for 14 years and oversaw all special victim programs. After responding to an active shooter event in 2003 in Irvine, CA she created the CSP Crisis Response Team.

As the coordinator of the Crisis Response Team, Heather spent years responding to countless critical incidents to mitigate the trauma experienced by victims, witnesses and the community. In 2011, she responded to the Salon Meritage mass casualty in Seal Beach, CA. In 2014, after developing the Orange County Sheriff's Department Peer Support Program, Heather was hired as their first Regional Peer Support Coordinator. Heather coordinated a team of almost 100 OCSD personnel, responded to critical incidents 24/7 and coordinated an Emotional Wellness Campaign.

Heather co-founded the Orange County Association of Peer Supporters (OCAPS) and works in partnership with police departments to provide mutual aid when their agency is compromised. Heather assists public safety departments develop and sustain peer support programs. Heather has also developed a two-step model for critical incident debriefing and facilitates debriefings all over the county following a traumatic event.

After spending 5 years with the Orange County Sheriff's Department as the Regional Peer Support Coordinator, Heather elected to take her passion to another level and in 2019, established Premier First Responder Psychological Services. As a licensed psychologist, Heather is providing culturally competent therapy to individuals and couples as well as Eye Movement Desensitization and Reprocessing (EMDR).

Additionally, she provides 24/7 crisis response services, critical incident debriefing, peer support development, oversight, training/presentations, consultation and active shooter response and recovery coordination/crisis response services.

Heather provides training as a trainer/consultant with Embassy Consulting Services to all populations in public safety on a number of topics including, but not limited to; "Building Resiliency," a 2-day POST Certified Basic Peer Support Course and a 1-day POST Certified Critical Incident Response for Peer Support Course. Heather also speaks at conferences and to police and fire academies about the stressors and traumas of public safety with the goal of building resiliency.

Heather is a member of the International Association of Chiefs of Police (IACP), the Director of Mental Health Services for Halos4Heroes, a nonprofit serving first responders and the Director of Peer Support & Mental Health for the National Law Enforcement Cancer Support Foundation.

July Castro

July Castro first started her martial arts career over 50 years ago under the instruction of her father, Great Grandmaster Ralph Castro. Building on this solid foundation, she has faithfully carried his

tradition forward over the years by attaining the rank of 10th Degree Black Belt in Shaolin Kenpo Karate, educating and empowering individuals through her speaking engagements and seminars. Grandmaster Castro's highly regarded self-defense seminars represent a distillation of all her training and experiences delivered in a way to have the greatest impact on her student's lives in such a short time. Her ability to convey critical information in an easily digestible way has enabled thousands of individuals to gain the mental awareness skills and confidence to identify and avoid danger, as well as the foundational physical techniques necessary to defend themselves and survive an attack in an otherwise dire situation.

Additionally, Grandmaster July is the owner and head instructor of Kid Power Martial Arts. This unique, age-specific martial arts program emphasizes leadership skills and character development while helping each child achieve their best through the martial arts. She is also a dedicated mother of two daughters who are already proving to be the next generation of strong, aware, and confident young women.



TODD SPITZER
DISTRICT ATTORNEY

Orange County Office of the District Attorney

Parking Information for Visitors

The Orange County District Attorney office is located at 401 Civic Center Drive West, Santa Ana CA 92701.

All visitors to the office must park in the designated visitor parking lots and must check-in at the reception desk. The reception desk is located on the first floor of the Orange County Office of the District Attorney.

The OCDA employee and visitor parking lots are located at:

- 900 N. Broadway, Santa Ana, CA 92701 – requires parking ticket validation from OCDA reception desk. Validation must be obtained before 5:00 PM. If you do not get the ticket validated you must pay for parking and you will not be reimbursed. You may drop off the validated ticket with the parking attendant. If the parking attendant is not present please deposit the validated ticket in the dropbox adjacent to the parking attendant booth.
- 812 N. Sycamore St, Santa Ana, CA 92701 - requires parking ticket validation from OCDA reception desk. Validation must be obtained before 5:00 PM. If you do not get the ticket validated you must pay for parking and you will not be reimbursed.

Easiest route to the Sycamore parking structure from the OCDA's office is: drive North on Birch St. towards W. 10th St. Make a right onto W. 10th St. Make a right onto N. Sycamore St. Make a right into the parking structure.

